

BERATER BEAT THE BATTLE



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BERATER BEAT THE BATTLE: Struggle of a Blind girl



**A RESEARCH REPORT SUBMITTED TO
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IN

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BY

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2019-2023

RESEARCH REPORT APPROVAL
KINNAIRD COLLEGE FOR WOMEN



Date: 12th JUNE 2023

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Entitled

Title: "BERATER BEAT THE BATTLE"

Be accepted in partial fulfillment of the requirements of the degree of

BACHELOR OF ART (BS HONORS)

IN

MEDIA STUDIES

A handwritten signature in black ink.

In Charge of Research Report

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Head of Department

Recommendation concurred in

1. _____
2. _____
3. _____
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**Committee for the
Final Examination**

RESEARCH COMPLETION CERTIFICATE

It is certified that Ms. Ayesha Hurab and Ms. Aleena Ahtasham of B.S. Honors (session 2019-2023), Department of Media Studies have conducted this work entitled “BERATOR BEAT THE BATTLE” which is a short film, under my supervision.

It is assured that this thesis project is original and sufficient in terms of scope and quality of degree.

“All changes suggested by examiners during defense are incorporated in this final copy”.

Signatures of Supervisor

Dated: 12th June 2023

Ms. Sadia Safir Tarar
Lecturer



Signatures

Dated: 12th June 2023

Head of Department
Dr. Kiran Karamat



ANTI-PLAGIARISM DECLARATION

This senior year project for the class of 2019–2023 is offered in part fulfillment of the Bachelor of Media Studies requirement. We thus certify that the "BERATER BEAT THE BATTLE" project is the outcome of our own fieldwork. It is guaranteed that this work, in full or in part, will not be given for evaluation elsewhere. When information from other sources has been used, it has been properly acknowledged. The similarity index of the research report is **3%**. If this statement is untrue, and we are found guilty of plagiarism, punitive actions against us should be taken as per Kinnaird Anti-Plagiarism Policy.

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ABSTRACT

Blindness affects many people in Pakistan. In this Short film we have depicted the girl who was suffering from the blindness, and she was getting continues bullied by her sister and father. There was only motivation in her life was her mother. In Pakistan there is less research on blindness, not many people talk on this topic. The research shows that no matter whatever people want to do with you, the matter is that you should get motivated by the people who want to motivate you and want you to be successful in your life. This Short film would raise the concept of every blind person who is silently suffering from the continues bully in their life. This is an effort to bring the topic in front of those blind people who are suffering from the bully in their life, that's why we had used the many dialogues so that if any blind person is watching our film can easily get access to our film by listening to the dialogues of the film.

This short film is the depiction of people who are blind and suffering from bullying in their life and get motivated from any one person in their life who is the actual character of their life.

Key words: Blind person, bully, motivation, regret, Mother

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CHAPTER 1

INTRODUCTION

According to WHO there are almost 284 million people in the world who are visually impaired and 39 million people who are blind. According to research of WHO there are people of 65 age and older than 65 who are visually impaired because of old age, and 19 million visually impaired children. There are a lot of reasons for blindness which could be by birth, occurred due to any injury or an accident. Katibeh et al. (2015) stated that visual impairment is the major health issue in the entire world. There are many people who were born with eyesight but with the passage of time their eyesight becomes weak, and on the other side there are people who were born blind. Treatment of blindness includes “Corneal Transplantation” it is a surgical process, in this process patients corneal would replace by donated corneal. There are other treatments as well which include eye drops, injections, and medicines. People who are blind are at higher risk of getting bullied. People bullied them that they cannot do anything because they can't see anything. Because of continuous bullying in their life their confidence level goes down and they socially distance themselves. But there are a lot of people who never give up, instead of giving up they fight for themselves and beat the battle.

Short film is a motion picture which would be less than the 40 minutes that is why it has named as a short film. Short films are used to give some lessons or incidents that are held in life, it would be suspense based, it would be fictional or non-fictional. Short film takes less time for shooting as it shoots early than other films.

1.1 One liner

Beat the battle by blind person against bullying short film.

1.2 Concept

Constant bullying or berating done by normal people with special people with any type of physical impairment is not discussed or become the center of attention when all the social issues of societies get on the table for discussion. People with high profile background when bully the innocent blind person, they do not feel guilty for that or there is no one who can make

them realize that they have done a heinous act rather than people who are authoritative and can stop this or make the other person guilty of their act they keep it hush. Even when a physically impaired person be it Down syndrome, deaf, dumb, or blind is born, the family members even the parents take that person so meager and considers them less than their other normal children. In clear words, the parents bully their innocent physically impaired child and teach their children to be harsh with them indirectly. The constant bickering and berating start from the house first. Then society targets such innocent souls. This is the same thing they face in school, workplaces and among their friends' circles. Yes, physically impaired people are weak. They do not have that kind of potential that a normal person has. But at the same time this is not necessary that a blind person can have less IQ than normal ones. Sometimes, the blind people do wonders in their life that are not possibly done by the people who can see. The studies done in American Board of foundation shows that every year there are 50 to 60% blind people achieve great success in their career.

1.3 Basic Idea

The notion of the short film mainly focusses on a life of a blind girl dealing with constant bickering and withering attitude of her family and the society around. The short film revolved around the inundated perseverance and humiliation of emotions and the ambitions that she dreamt of. The idea behind this film was to create a sense/awareness of being vulnerable and eradicate the stigma of portraying that 'you can't do anything, because you are handicapped'. It had de clutter the rhetorical fact of being less than any other normal person. People have set the specific standards that the patients or the people who are handicapped are too frail to achieve such big in profession like painting, medical, engineering and all the mind game career. The short film focused on giving slacks to those people whom society would put then on the fence that they are not worth it.

1.4 Scope

The scope of this film was to be acknowledged by many factors. Firstly, blindness is the disorder that is hardly if ever discussed in mainstream media in Pakistan. A media which barely touches the importance of the mental suffering that handicapped children go through, so to normalize the discussion on this is very important. There is this American Season named as 'The Good Doctor' shows that the lead actor Dr. Shawn is an autistic patient, but he made his worth strong in the field of medicine despite of all the difficulties he faced being a patient.

Secondly, if we talk about Marla (2000) who was the first blind woman became athlete. She was the queen of the Paralympic and Olympic Games.

Thirdly, this topic should be brought to the table by society. Dr. Ayesha Saleem proved herself so well. She's a visually impaired woman but she did PHD. Despite all the difficulties in life she did not let any obstacle become the hinderance in her career and dreams. In an interview with Faisal Ghumman, she said that she does all the chores of her home and is teaching at the University of Education. Her husband is also visually impaired, but he did his MPhil and is currently teaching at Punjab University. Both have proved themselves that they are no less than the ones who are blessed with eyes.

The film 'Black' is a great depiction of blindness of a girl that couldn't make up in the school when she was facing bad attitude of her parents at home but then there is always a light at the end of the tunnel. Amitabh Bachan arrives as her professor and then taught her about life then she did her BA which was longed due for 12 years. Schillmeier (2006) in his research paper titled "Blind women and Invented pathologies- the claim over normalcy" has outlined that I'd like to ask us to concentrate on the routines that blind women follow today "demonstrate how blindness defies simple categorization as a (visual) disability. When characterizing the diversity and variety of blind people's sensory practices.

1.5 Need of the topic

People bullies blind and disabled person a lot more than normal people. Because of bullying them, they lose their confidence and socially distance themselves from society; sometimes they can't even speak in front of anyone. People who are disabled are blessed with more skills than the normal person but because of continuous bullying in their life they become dull. There are people who struggle their life for being bullied but they never give up and take this thing as their strength and become successful in their life. No one talks about bullying with disabled people. There's need of giving awareness to people that bullying with disabled people would make them mentally ill.

1.6 Clarity of the topic

People who could not see anything are named or tagged as blind people. Bullying with blind people is at a higher rate than bullying with normal people. In a lot of cases there are people who get bullied by their own family members, they discourage them, say bad words to them. We should speak carefully because sometimes our one word would hurt their feelings. In

the present era, due to the advancement of technology there are a lot of gadgets which could be used by blind people so that they can easily walk, learn, and communicate with anyone. Society needs to stop bullying any disabled person, instead of discouraging and bullying them they should help them. This short film is aimed to spread awareness to stop bullying disabled people and speak carefully in front of them. Another aim is to give awareness that blind people are more intelligent than the normal person.

CHAPTER 2

LITERATURE REVIEW

Brunes et al. (2018) in their research paper titled ‘Bullying among people with visual impairment’ had described the factors of bullying and to examine associations among bullying and psychosocial outcomes among people with VI. They have taken a cross-sectional survey of people with VI. Authors have collected the data through Telephone interviews. They have used linear regression models to examine the factors related to bullying. The authors interviewed 736 VI people. They have resulted that majority of bullied VI people are of (65.1%). They have victimized bullying with VI people have associated with young age. People who are bullied have lower confidence and life satisfaction. Their study concluded that bullying among VI people is at a high rate. Their findings had suggested that reduction of bullying would increase confidence level of VI people.

Limber (2016) in his research titled as “Bullying and children with disabilities” outlined that constant berating gave rise to following questions that bullying among young people with impairments and to answer the following questions: What percentage of young children with impairments are bullied? How much more frequently do kids with disabilities experience bullying than their peers who are typically developing? What percentage of youngsters with impairments bully others more than their peers who are ordinarily developing? What distinguishes children with impairments from their usually developing peers in terms of their risk of bullying?

Schenkman (2016) in his research paper titled ‘Blind people are more sensitive other than sighted people’ had mentioned that blind people often use sound giving objects and sound sources so that they would benefit with the clarification of everything that they can’t see. The author had measured two binaural location cues which are, inter aural level differences and inter aural time differences. The author had tested 23 blind people, aged 54 years and 42 sighted people of same age 54 years and 26 years listeners. Results were found that ILD sensitivity rate for blind people is higher than sighted people. Blind people have more ability of listening other than the sighted people, but it is less than the young, sighted people.

Kovaleva et al. (2015) in their research paper titled ‘Quality of life among persons with physical disability’ described that disability is not a health problem but it shows the problem disable people faced with society interaction and acceptance of society. Person having any disability have always faced the neglected part and bullying in society. This study is based on to check the quality of life among physically disabled people and impact of their disability on them. Authors had selected 130 disabled people for sampling survey, the results were found that there are 36.2% people are disabled from birth and 26.2% people are disable due to less awareness of polio injections. More reasons were found for disability were stroke, accidents, and other reasons. In this research article authors had concluded that people who are disable have face a lot of issues in society includes bullying, stress and neglecting act.

Bazon et al. (2012) in their research paper titled “Bullying and Students with Disabilities: The Untold Narrative” has outlined that the disabilities of one of the characters and the character who committed suicide was the patient of ADHD, bipolar disorders, Asperger syndrome and developmental difficulties committed suicide because of constant bullying. A documentary bully that was released nationwide in 2012. The film makers took 5 families. The bullied people are the victims Rose et al (2011) proposed that this research is done on the bullying of students with physical impairment. This should be ended, and we should make world a bully free space where innocent disable people would not face backlash on their disabilities.

Katsafanas et al. (2012) in their research paper titled ‘Bullying and students with disabilities’ had outlined that people with some physical Disabilities are at higher risk for being bullied in schools. In their research, they have initially described that people who are disabled are mostly considered as a bullied victim. Disabled people always try to protect themselves from being bullied but the society target them the most. The author has described that student with disabilities, emotional and behavioral disorders are at greater risk for being bullied. First purpose of this article is to explain the legislative mandates and relevant litigation on bullying so that schools are better positioned to react immediately when bullying takes place with disabled students. The second purpose of this article is to give evidence-based practices that schools should implement to stop bullying.

Neil et al. (2011) in their research paper titled ‘Helping students with disabilities better addressing teasing and bullying situations’ described that people who are disabled are more likely to be teased and bullied which at the end leads to psychosocial problems. In their research

they have mentioned that proactive interventions would help the disabled people to face these situations with courage and patience. Their study is aimed to study the disabled children's facing bully, interventions made for disabled peoples to deal with these situations. The data was gathered from US health administrations, and campaign "Stop bullying now". The results showed that after that campaign the disabled people were less teased and bullied because when people start bullying them, they fight for their rights and defend themselves on their own.

Espelage et al. (2009) in their research paper titled 'Bullying and victimization rates among students in general and special education indicates that students who are disable are more targeted to get bullied than normal students. According to their study bullying of disabled students in middle school is on high level and in high school it leads to great peak. The authors' study showed that students who are in special educational institutions are less bullied.

Nansel et al. (2001) in their research paper titled 'The bullying on the physical impairment of people cast a long-lasting effect on them'. Peer victimization is penetrating among children and adolescents. The bullying rate is high. Especially, in the people with physical impairment. Bullying not only affects children and youth's psychological functioning and physical functioning, but the constant berating and bullying provoke them to die. Lewandowski et al (2000) said that people who face bullying due to physical impairment have social and psychological difficulties Miguel et al (1996), observed that people who are physically impaired and receives a lot of bullying falls in the highest range of depression but it varies patient to patient that some patients fall in the lowest range of depression and such scale shows that they are not highly depressed as compared to normal people because such patients muster up their courage and fights against the bully. Miller (1996) presented that there is a method to treat such students through social skill training. Such big training sessions should be set up to overcome, spread or evaluate peer support among people to raise awareness to spread positivity to stop bullying physically impaired beings.

Odom et al. (2001) in their research paper titled as "Bullying in Students with Special Education Needs and Learning Difficulties: The Role of the Student-Teacher Relationship Quality and Students' Social Status in the Peer Group found out that students who are special receives a lot of interest from both educational and professional sector. Children with physical impairment like SEN, LD and typical development are more likely to be at the risk of being bullied due to this reason. The children have more difficulty in taking part in class discussion and activities because for that they would be bullied the bullying continues such people who

are special. School bullying episodes continue to affect mental health and physical health as well. Salmivalli et al. (1996) presented that relationships among teachers and special students should be strong to fight against the bully they receive. Student social status is also important in fighting against the bully special students receive.

Olweus et al. (1979) in their research paper titled in this research “Knowledge about Bullying by Young Adults with Special Educational Needs with or Without Disabilities (SEN/D)” that a specific group of students has been studied so far. The school violence study has been named differently to determine the violence special children receive. Bullying is the most appropriate word to define this violence. Bullying is called ‘disables bullying’. This is more of a harassment that students with physical impairment receive. O’Moore et al (1994) stated that the frequency of bullying special children by normal students is twice as much than it is expected.

Researchers in their research articles focused on people who are blind and get bullied by their friends, family and other people who exist in their lives. According to many researchers’ disabled people or on high target of getting bully because of this they were get socially distanced from society, their confidence level gets low. Holmquist in his research article mentioned the ways that parents can protect their children’s from getting bullied. Neil in his research mentioned preventive interventions for disabled peoples so that they can easily defend themselves and live confidently. The idea that kids with physical disabilities should get equal rights protection was made into law. They ought to be accepted into the colleges, universities, and schools of their choice. But such unusual students received no cordial welcome. They were mistreated by regular people who bullied them for their differences and created an unwelcoming environment for them. The abuse is referred to as "diabolist bullying." They ought to be accepted into the colleges, universities, and schools of their choice. But such unusual students received no cordial welcome. They were mistreated by regular people who bullied them for their differences and created an unwelcoming environment for them. Since the law was created in favor of special students, who shouldn't be treated any differently and should be given the best positions in the institutes, there was no segregation allowed to such pupils. Children made the public law, which is known for helping all children with disabilities, today.

CHAPTER 3

SIGNIFICANCE

The people who are physically impaired are dealing with a lot of bullies. And this fact cannot be denied that such people lose confidence, face a lot of mental pressure, and suffer from various ailments. It would not be wrong to say that people who face a lot of bickering suffer from mental as well as physical pressure and sickness. The population, unfortunately, is dealing with a lot of disorders like that lately. The knowledge to tackle or deal with these issues is not that easy to gain. The short film aims to provide a chance for all such physically impaired people to speak up that how they suffer in society. How they are pressurized mentally and physically by the ones who consider themselves as 'The perfectionist'. Parents who gave birth to such physically impaired children should be aware of all the federal laws that have been passed in favor of and rights of their child. When their disabled kid is the target of bullying or harassment because of their impairment, parents have legal rights. "States and school districts also have a responsibility to ensure that a free adequate public education (FAPE) is made available to eligible kids with disabilities," the Office for Civil Rights stated in a Dear Colleague Letter dated 2000. According to these laws, disability harassment may lead to a denial of FAPE. These federal statutes mandate that schools act when a student with a disability is the target of harassment or bullying. The school is required to take prompt and appropriate measures to investigate, consult with the targeted students about how to stop the harassment, remove any hostile environments, and stop the harassment from happening again. If the institution is not taking the required action against the bully, then they are answerable to court. A lot of people in Pakistan also believe that only the lower class of our society give birth to physically impaired children. And they are not allowed to study, show up in society and carry themselves as a citizen. And if they get a chance to study then they are being horribly bullied by the other normal students. But that is not true, elites who give birth to special children face the same bullying. Because people can never stop themselves from bickering with others.

The short film will give courage to the handicapped students to speak up against the bully they face on daily basis. It will teach them to stand up against violence. The creator of the short film wants to bring this topic to the table to give confidence to the handicapped people that they are not less than anyone and they can do what other people with eyes can do.

CHAPTER 4

SCRIPT

بیٹی: زوع (مرکزی کردار)

ماں: فائزہ

باپ: ایباد

بہن: گل

Scene 1

Voice Over:

کمی وجود میں نہیں کمی دوسروں کی تہمت انگیز باتوں اور تولتی نظروں میں ہوتی ہے جو اس وجود کو اس کی حقیقت سے کوسوں دور کے جاتی ہے اور گہرے کنویں میں انسان کو پھینک دیتی ہے کہ وہ اپنی ہی روشنی دیکھنے سے کاسر ہوسکتا ہے۔ وہ روشنی جو رب کی عطا ہوتی ہے جو اسے منفرد اور نایاب بناتی ہے لیکن دنیا اسکی رنگینیوں کو اپنانے اور اپنے اندر سمانے کے بجائے اسے اپنے ہی رنگ سے محروم کر کے بے رنگ بنا دیتی ہے۔

منظر

آسمان میں اڑتی چڑیاں اور پرندوں کی آوازوں کو محسوس کرتی زوع پارک میں جھوم رہی تھی جھومتے جھومتے زوع گھاس پر گر گئی اور اپنی بہن گل کو اپنے دوستوں کے ساتھ کھیلتے ہوئے سن رہی تھی، زوع جب گرتی ہے تو گل کی بال زوع کے ہاتھ پر لگتی ہے زوع اسے پکڑنے کی کوشش کرتی ہے مگر گل وہ بال پکڑ لیتی ہے

زوع: مجھے بھی کھیلنا ہے

گل: کھیلنا ہے؟ لو کھیلو یہ بال پکڑو گل زوع سے بال کو دور پھینکتے ہوئے " ماں کیوں نہیں لیتی کہ تم اندھی ہو

مریم گل کی سہیلی: تمہاری بہن بہت پیاری ہے اور کتنا پیارا بولتی ہے

گل: وہ پیارا بولتی ہے؟ اندھی ہے وہ۔

منظر

جھومتی ہوئی معصوم زوع کی زندگی کے بیسویں سال کا آغاز

Voice Over:

اگلے بڑھتے قدم میں ٹھوکر نہ لگ جانے کے خوف کے ہمراہ اور اپنے وجود کی خوشبو سے اس دنیا کی رنگینیوں میں زوع کے اس قلبی بینائی کے صفر کو بیس برس گزر چکے تھے

Scene 2

منظر

کالج میں کینوس اور رنگ لیے ایک خوبصورت قوس و قزح کی تصویر بناتے ہوئے)

ماریہ: یہ کیا بنا رہی ہو تم زوع؟

زوع: میں ایک قوسو قزح کا منظر بنانے کی کوشش کر رہی ہوں؟

فاطمہ: تمہیں معلوم ہے آسمان، بادل اور پہاڑ کیسے ہوتے ہیں، میرا مطلب تم نے بس یہ سب سنا ہے۔ کبھی دیکھا تو نہیں

زوع: میری ماما بھی آرٹسٹ ہیں اور جب میں چھوٹی تھی تب سے انہوں نے مجھے سب بتایا جیسے کہ تم آسمان کی بات کرتی ہو۔ میں نے کبھی آسمان دیکھا تو نہیں ہاں مگر ماما کہتی ہیں آسمان بہت بڑا ہے اگر اسکی طرف دیکھو تو سکون کی عکاسی کرتا ہے۔ اور سکون سے یاد آیا پیس کو ڈیفاین کرنے کے لیے نیلا اور سفید رنگ ہوتا ہے۔

(اتنے میں سارہ اور وائیا زوع کا مذاق اڑاتے ہوئے)

وائیا: زوع یہ کونسا رنگ ہے؟ (پیلے رنگ کا پوچھتی ہے)

(اسنے پیلٹ میں رنگوں کی ترتیب جو کے بریل کی مدد سے تھی بدل ڈالی تھی)۔

زوع: ریڈ

سب لڑکیاں فہقہ لگاتے ہوئے

فاطمہ: اپنے لئے کوئی اور شوق تلاش کرو آئیں بڑی پکاسو -

گل: تم؟ آرٹسٹ ہو؟ ہو تم آرٹسٹ بن ہی نہ جاؤ پینٹ ہاتھ میں لے کر، لو یہ لو پکڑو اسے، زوع آگے ہو گی مگر پکڑ نہیں پائے گی، گل ہستے ہوئے کہے گی کہ " تم بنو گی آرٹسٹ ہاہ پینٹ تو پکڑا نہیں گیا آرٹسٹ بنو گی مان کیوں نہیں لیتی کہ اندھی ہو تم اور وہ رنگ زوع کے کینوس پر پھینک دے گی رنگوں کو بے دردی سے ٹھوکر مارتے ہوئے لڑکیاں اٹھ کر چل دیں زوع وہاں بیٹھی نم آنکھوں کے ساتھ اپنے رنگ سمیٹنے لگ جائے گی

Scene 3

منظر

فائزہ: زوع تم نے اب تک اپنے نئے کلرز کا ڈبہ کیوں نہیں کھولا۔

زوع: ماما! مجھے ڈر تھا کہیں گل آپا پھر سے مجھے تنگ کرنے کے لیے کلرز کی جگہیں تبدیل نہ کر دیں۔

فائزہ: دیکھو زوع اگر تم ان سب چیزوں سے ڈرتی رہیں تو کبھی اپنا خواب پورا نہیں کر پاؤ گی۔

زوع: اپنے نئے کلرز کو محسوس کرتے ہوئے

فائزہ اور زوع کلرز دیکھ رہے ہیں اور باتیں کر رہے ہیں۔

(دروازہ کھانے کی آواز)

فائزہ: آپ آگئے۔

زوع: السلام علیکم بابا:

(زوع کے سلام کا جواب دیئے بنا)

ایباد: فائزہ: آخر کب تک چلے گا یہ سب؟

فائزہ: کیا بات ہے آپ اتنے غصے میں کیوں ہیں؟

ایباد: تم اسے آرٹ گیلری کیوں لے کر گئیں؟ تم جانتی ہو وہاں میرے بزنس پارٹنر کی بیوی اور بیٹی آتی ہیں۔ آج

اسنے میرا سب کے سامنے مذاق اڑایا کہ تم لوگ اپنی بیٹی کو کیا بنانا چاہتے ہو۔ کل بہابھی لوگوں کو زوع سے

متعارف کرواتے ہوئے کہ رہیں تھیں۔ یہ بہت بڑی آرٹسٹ بننا چاہتی ہے۔ زوع تو چلو نا سمجھ ہے تم لوگ تو سمجھ دار

ہو کیوں ایسی باتیں کر کے اپنا مذاق بنواتے ہو؟

(اتنے میں گل کمرے کی طرف چپختی ہوئی بولی)

گل: بابا آج میری سب دوستوں نے بھی اتنی باتیں سنائیں مجھے کے تمہاری بہن کا دماغ چل گیا ہے۔ جب دیکھ لو رنگ اور کینوس لے کر کالج میں بیٹھی ہوئی ہوتی ہے۔ آئی بڑی آرٹسٹ۔
ایباد: میں اسکی وجہ سے اور شرمندگی نہیں اٹھا سکتا۔ ختم کرو یہ قصہ۔
(زوع زار و کیتار رونے لگتی ہے اور ایباد اور گل دروازو پٹخ کے باہر نکل جاتے ہیں۔)

Scene 4

منظر

زوع اپنی ادھوری پینٹنگ پر کام کرنے لگ جائے گی

Voice over:

فائزہ: نہیں زوع تمہیں ہر گز پیچھے مڑ کے دیکھنے کی ضرورت نہیں جس چیز میں لگن ہو، محبت ہو، احساس کے موتی ہوں وہ کبھی بے قیمت نہیں ہوتے اور یاد رکھو یہ بینائی کی کمی تمہیں آگے بڑھنے سے کبھی نہیں روک سکتی۔ جب تک تم خود ہار نہ مار لو۔ میں نے تو تمہیں ہمیشہ سمجھایا ہے کہ تکلیف کے بعد ہی تخلیق کا عمل شروع ہوتا ہے۔

Scene 5

After 30 days

نیشنل آرٹ گیلری میں زوع کی پینٹنگ کو بے حد پسند کیا جا رہا تھا اس کی بہن گل بھی آج حیران تھی۔
موجود لوگ: تمہیں پتہ ہے کہ یہ خوبصورت پینٹنگ ایک (Blind) لڑکی نے بنائی ہے۔
ایباد: یہ پینٹنگ زوع نے بنائی ہے؟
فائزہ: جی یہ زوع نے بنائی ہے اسی زوع نے جسے آپ ساری زندگی روکتے رہے ہے۔
اسکی تصویر کو خریدنے کے لیے جو خاتون سب سے پہلے آگے بڑھیں؛
خاتون: مس زوع آپکے ہنر کی داد دینی پڑے گی۔ ایسا ہنر تو صاحب نظر لوگ نہیں رکھتے۔ آپکے ہنر کی جتنی تعریف کی جائے کم ہے۔ اور یہ چند روپیوں کے عوض نہیں خریدا جا سکتا۔ میرا ایک سکول ہے جو بینائی سے محروم بچوں کے لیے بنایا گیا ہے۔ کیا آپ اس سکول میں بچوں کو مصوری کے ہنر سے واقف ہونے میں مدد کریں گی؟

Scene 6

منظر

کلاس روم میں زوع بچوں کو پڑھاتے ہوئے
زوع بچوں کو آسمان کے رنگ کے بارے میں بتاتی ہے۔

Voice over

ضروری نہیں کے آنکھوں جیسی نعمت سے محروم لوگ صلاحیتوں سے محروم ہوں۔ طنز و مزاح کا شکار رہنے والی زوع آج سب کو اپنے فن کی بدولت حیران کر چکی تھی۔ اور بے رنگ دنیا میں رہنے والے معصوم بچوں کی دنیا رنگین بنا رہی تھی۔ یہ تھی زوع ایباد کی کہانی۔

Ending Credits with BGM

CHAPTER 5

AUDIO VISUAL BOARD

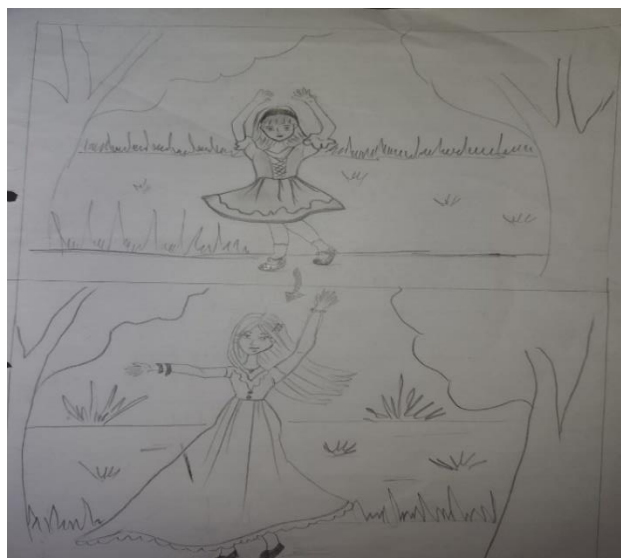
Scenes	Audio	Visual	Duration
1	BGM	Title	5 seconds
2	BGM and Voice over	Long short of Zaw standing around.	4 seconds
3	Dialogues	Closeup Shot of Zaw sitting on the ground and talking to her sister Gul.	50 seconds
4	BGM with (Voice overs)	Twirling of child Zaw turns into Elder Zaw	8 seconds
5	Dialogues of Gul and her friends with Zaw	Long shot of Gul and her friends. Closeup shot of Zaw hands and eyes.	1 minute and 40 seconds
6	Dialogues of Zaw with her Parents and Sister	Mid shot of Zaw and her mother. Long shot of father and Gul. Closeup of mother and Zaw	2 minutes and 10 seconds
7	BGM with (Voice overs)	Back shot of Zaw feeling Flowers, Closeup shot of Zaw eyes, long shot of Zaw sitting and	30 seconds

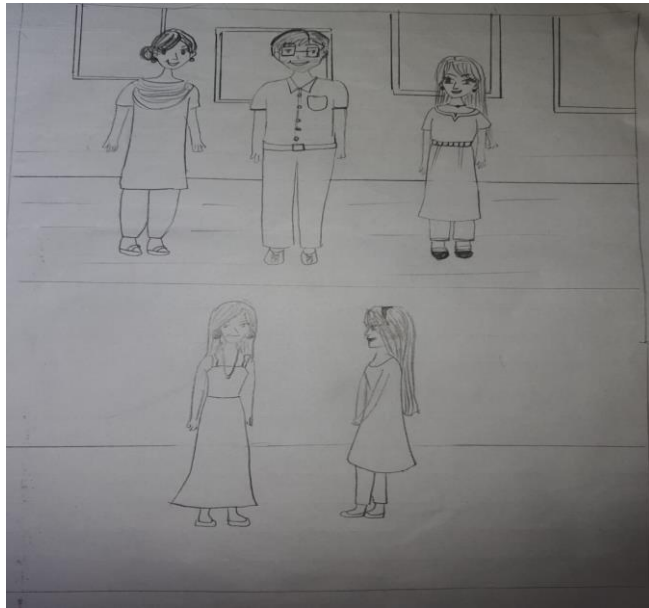
		painting, mid shot of Zaw painting on Canvas, Closeup shot of Zaw eyes.	
8	BGM	Whole Gallery shot	3 seconds
9	Father and Mother dialogues, Institutions person and Zaw dialogues.	Closeup of painting, Mother Father long back shot, Zaw closeup and long shot	1.5 minute
10	BGM with (Voice overs)	Long shot of students, closeup shot of Zaw eyes, long shot of Zaw	20 seconds

Total duration: 7 minutes with (credits)

CHAPTER 6

STORYBOARD





CHAPTER 7

TECHNICAL METHODOLOGY

The short films ranged between 5-40 minutes. Short films are based on some real inspirations, some lessons, or on mind generated ideas. In the present era mostly, people prefer to watch short films more than feature films. Short films are a major source of students to showcase their skills and talent.

7.1 Approach

The main approach of this short film is to stop bullying the blind people and to show that blind can also achieve success because they have better skills and intelligence level than the normal person. This short film hopes to give awareness to stop bullying any disabled person because it can also cause mental illness to them. The main idea is to show that disabled people are not useless and dull in fact they have more ability than the normal person.

7.2 Genre

The medium selected to present this topic is “Short Film” and the genre selected for this short film is “Drama”. The short film is based on fictional story to depict that our society should stop bullying disabled people instead of discouraging them encouraged them so that they would not become mentally ill. The short film will also show that self-motivation is the main hope for any person who has been continuously bullied by society, they should motivate themselves on their own so that they would defeat the struggle they were facing.

7.3 Clustering of the idea/Brainstorming

Clustering, also known as idea exploration or brainstorming, is the first and most important step in the procedure. Following discussions with the supervisor, the team's decision was to make a short film about a blind girl who succeeded in retaliating against her tormentors was made after the director sat down with the team and they discussed underrepresented physically impaired patients who endured bullying and constant bickering. A classmate of director in one of the general subjects was blind and presented a real insight into the life of a patient and was the driving force behind wanting to explore this idea on the screen. After this step the research for the project began which was a long process on figuring out the scope, need and clarity on the topic. The team also went to meet the physically impaired people in a

foundation to understand more about the process and the berating they face every day being blind. Once the significance of the topic was established, a basic outline was formed regarding the direction of the film.

7.4 Objectives

The objectives of this short film are.

- To show that disabled people can achieve their goals just like an average person.
- To encourage people to support the disabled around us.
- Reduce discrimination that the disabled people face in our society.
- To not view the disabled as less than.
- To provide insight into the life of people who suffer from disabilities.

7.5 Target audience

This short film is to target every age group person because every person bullies disabled people. The second targeted audience is blind people, as they cannot see but they can hear the dialogues and by hearing we hope that our short film gives strength to those blind people who are still facing bully by their family, friends, and other members of society.

7.6 Demographics

The short film is looking to target people from all strata of society, especially the ones who are university students as they can easily stand up for the rights of their fellow blind students. The whole population is considered as the geographical target.

7.7 Psychographics

The psychographics is the audience who believe that berating someone is not a big deal. It's a part of their humor if they make fun of someone's disability. And if someone cannot see are not capable of seeking education and getting higher posts.

7.8 Camera angle and shots

The use of camera is the most important part in shooting, camera is the main equipment used to give picture to your imaginations. Usage of tripod in shooting is also an important thing because a stable camera can shoot much well than the camera in hand. Hidden mics are also

very important for clear dialogues. Angles which were used for shooting this short film are straight shoots, long shoots, mid shorts, shoulder shorts, head to toe shoots, hand shoots, wide angle, zoom in, and zoom out. Natural lighting would be used for elegant shooting so that it would gather the consumer attention immediately.

7.9 Technical equipment's used.

Equipment's used in this short film are:

- Sony A7
- Sony Tamron 17-28 MM f
- Portrait Lens Sony 85 MM
- Zoom Lens Sony 24-70 MM
- 2 Tripod stands.
- Mics
- Lighting

7.10 Treatment

This short story is a creative work of fiction that addresses the significant issue of constant bullying of a blind girl. The camera angles and shots are employed in a way that best enhances the action and the screenplay. Natural and artificial lighting is used. Mostly, natural and a cool tone is used. The concept of the film is linear. It begins with showing a relatively normal day in the life of a protagonist which then shows the most depressing part where the bully or being blind starts from the home, the major climax and then the proudest moment in the life of that girl. The film is aided by the voiceovers that comprehension for the events occurring. The BGM is selected accordingly as well. The details to the forefront are brought by the insertions.

7.11 Pre- Production coordination

Before the short film can even start to shoot, pre-production must be completed. It is the process of organizing each aspect of a project that is being worked on. This short film's preproduction started with research, assembling a technical team, locating talent at the length

of the movie, the scope of the plot, determining how to edit it, choosing which aspects of production will be handled in-house, and parts to contract out. Interviews were done after all the details were resolved. The production team's availability was taken into consideration when creating the filming schedule. It was determined to estimate a budget for this project that would include all the costs associated with the shooting and other related operations. The filming schedule was created with consideration for the accessibility of the producing group. For this project, a budget estimate was chosen. It includes all the costs associated with the shooting and other activities.

A) Recce Report

Location	Punjab society, Lahore House PCSIR Phase II Garden, Lahore Nai rang Gallery, Gulberg, Lahore Kinnaird College for Women, Lahore
Date/Time	March 28 th , 29 th and 30
Lights availability	Usage of Natural lightings and artificial camera lightings
Noise interference	During the shoot of Garden and University we had faced too much noise interference
Permission	Nai rang Gallery permission was taken from the Gallery owner. University permission was granted by Ma'am DR. Khan and Media Studies Department HOD.
Availability of food	Homemade lunch
Limitation's	There were no restrictions in Gallery and in university because we are the students at Kinnaird college for women and we get the

	permission letter from Ma'am DR Khan and Head of Media Studies Department.
--	--

B) Production schedule

After the completion of location, timing, and permission we gathered all usable equipment's at one place before the shoot so that we could easily shoot the short film.

Props gathering:

The clothes, canvas, paints, sketch book and other useable things were gathered before the shoot. All props were gathered before the three days of a shoot March 25th, 2023.

Shooting:

We did our shooting on 28th, 29th and 30th of March 2023 from 8AM till 6PM.

Voice overs:

Voice overs were recorded on April 1st, 2023.

Editing:

Editing was done on April 5th and 6th. 2023.

C) Talent

The Director had auditioned many Girls for the lead character of a Blind girl and at the last director had selected the most talented girl named "Eman" for the most important lead role. The other supporting characters were also first auditioned and then selected.

7.12 Production Coordination

The phase of the Production was begun with the most important thing which is shooting. The Director along with all crew and cast started the shooting at 8Am on March 28th, 2023. The film was shot with the help of natural and artificial camera lighting. The first scene which was in the Ground was shot at 3Pm because there's a need for natural light in it. In door shots were taken according to the script sequence. The University scene was shot at 9Am on March 29th, 2023, because the scene needs the natural light. The director and producer with mutual coordination decided where they must use the props and set them as desired. There was the makeup and changing room where actress and other co-actors change their clothes and makeup according to the scene demand. One hour lunch break had given to the whole team during the shoot. The whole team was cooperative and decent, they did their work with motivation and courage. For the continuity of the scene director was continuously writing the shots which were taken and how many scenes were remaining.

7.13 Post-Production Coordination

In Post-Production we have listed the editing phase. The director coordinates with the editor and started the editing. The editing phase was done with sequence of every scene and directions which were better to put in the editing. Voiceovers were selected that which voice over should place on which scene. The Short Film was edited with the "Open Shot and Premier Pro" editors. Short films contain music also. The teaser was also edited after the completion of the film editing. The advertising material was also created so that people get to know about the film promotion. The material includes a Flex for promotion, DVD Cover and Poster.

CHAPTER 8

Budget

Pre-Production		
Producer	Ayesha Hurab and Alina Ahtesham	
Director	Ayesha Hurab and Alina Ahtesham	
Writer	Alina Ahtesham	
Production		
Expenditure/Equipment	In House	Outsource
Camera, Tripod Stand	No	6,000
Actor	No	5,000
Lights	-	2,000
Transportation (Fuel)	-	3,300
Food (3 days shoot)	-	1,000
Post-Production		
Editing software	-	
Printing Posters etc.	-	3,500
Technical Equipment	6,000	
Total Budget	26,600	

CHAPTER 9

CONCLUSION

Blindness is not a disease, it's a disability but people who are blind are the most intelligent people. Those people who bully the blind people don't know that with what kind of abilities God had gifted those blind people which the normal people don't have. In Pakistan there are not many dramas and films based on blind people who get bully for their surrounding people and even from their own family.

This short is used as a tool to convey the information to the audience that bullying is not a good thing because of their bully blind people can lose their confidence. And the main thing which this film wants to convey is that even if there would be a single motivated character in your life exist than you can beat the battle with their support.

The short film was created with the help of a real blind person who is our dear friend she told us many difficulties of her life and then we put it into the film script.

In conclusion, there should be a more films based on bullying a blind or any disabled people so that the audience should get lesson that their one wrong step can ruin the whole life of a person.

CHAPTER 10

RECOMMENDATIONS

According to WHO there are 39% people who are suffering the blindness. Here are some recommendations that should every people know:

- To be more supportive for the blind people.
- To motivate them that they are better than any normal person.
- To give them strength.
- To create strict laws against bullying.
- To be the positive character of their life.

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<input type="checkbox"/>	Shanzay Buzna	BA/BSC JUNE DEFENSE 2023	13%				202449232	06-May-2023
<input type="checkbox"/>	Unaisa And Fatzaha	BA/BSC JUNE DEFENSE 2023	13%				202447400	06-May-2023
<input type="checkbox"/>	Azra Shafiq And Mahr...	BA/BSC JUNE DEFENSE 2023	14%				202441859	06-May-2023
<input type="checkbox"/>	Ayaz & Noor	BA/BSC JUNE DEFENSE 2023	15%				202440183	06-May-2023
<input type="checkbox"/>	Amna Ahsan & Murtah...	BA/BSC JUNE DEFENSE 2023	15%				202441227	06-May-2023
<input type="checkbox"/>	Usama Khan	BA/BSC JUNE DEFENSE 2023	24%				202440204	06-May-2023